



TOUR DESIGN AND PROBUS
CLUBS OF MISSISSAUGA PRESENT

NORWAY

FEATURING HURTIGRUTEN SHIP MS NORDLYS
FOR SAILING FROM KIRKENES TO BERGEN

JUNE 1 – 13, 2022 (13 days)



ITINERARY

DAY 1 / WEDNESDAY / JUNE 1, 2022 DEPART TORONTO – OSLO, NORWAY

Transfers from your home (within the GTA area) to Pearson International Airport and meet your Tour Design representative for your flight to Oslo.

Transportation: Iceland Air

DAY 2 / THURSDAY / JUNE 2, 2022 ARRIVAL OSLO (D)

Upon arrival in Oslo, follow your Tour Design Representative to meet your coach for your transfer to the hotel in Oslo. The balance of the day is at leisure so you can rest. Dinner will be included at our hotel this evening.

Accommodation: Clarion The Hub or similar (2 nights)

DAY 3 / FRIDAY / JUNE 3, 2022 OSLO (B, L)

Following breakfast, we will have a guided half day tour of Oslo. Among the sites you will take in are the Royal Palace, the National Theatre, the Parliament Buildings, the Opera House and the medieval Akershus Fortress. We include admission to the Fram Museum and the Kontiki Museum. Lunch (includes tea and coffee) included today at a local restaurant. Following lunch we return to our hotel.



Oslo opera house

DAY 4 / SATURDAY / JUNE 4, 2022 OSLO – KIRKENES (B, L)

Box breakfast this morning as we transfer to the airport for your flight from Oslo to Kirkenes.

Transportation: local flight



Kirkenes King Crab boat

Kirkenes is a small town in far northeastern Norway, close to the Finnish and Russian borders. It's known for its views of the Aurora Borealis, or Northern Lights. The Borderland Museum chronicles the region's history. The Russian Soldier Monument commemorates the area's liberation from Nazi occupation by the Red Army in 1944. Upon arrival in Kirkenes we will transfer to our hotel where we can leave our luggage.

Then we join our experienced fishermen who take us out on the Arctic fjord for an exciting King Crab Fishing Tour. We will cruise along the fjords and the Barents Sea to find the right place to anchor. You will help pulling up the King Crab cages from the depths. After returning to shore, your guide will serve your catch in a rustic restaurant by the fjord, Norwegian style. The superb, white meat of the legs and claws of the King Crabs are particularly juicy and has a natural sweet taste. A totally unforgettable experience! We return to our hotel and have time to enjoy this interesting northern city.

Accommodation: Thon Kirkenes hotel or similar (1 night)



Kirkenes King Crab fishing

DAY 5 / SUNDAY / JUNE 5, 2022

EMBARKATION ON HURTIGRUTEN MS NORDLYS

(B, L, D)

After breakfast at our hotel we transfer to the cruise centre to board the MS Nordlys, our home for the next 5 nights. The art, décor and colours employed aboard this ship are all inspired by the spectacular Northern Lights (Aurora Borealis). The delicate aesthetic creates a distinct and unique on-board ambience. Passengers are invited to relax after a long day experiencing Hurtigruten's various excursions and activities in comfy reclining chairs in the one of the ship's lounges. In May 2019 MS Nordlys was refurbished. All cabins got a makeover, while new cabin grades were added. The upgrade saw a number of new features being added to the ship. See details of refurbishing with the deck plan at the end of the itinerary.

Meals are included on board. At 15 of the ports, fresh seafood, eggs, poultry, dairy products, mustard, syrup, salt, mushrooms, berries, fruits and vegetables are brought directly on board. They call their galley 'Norway's coastal kitchen' because the food they serve comes from the freshest, most delicious produce found on the Norwegian coast.

After departing Kirkenes, we head due north, arriving at Vardo in the afternoon. Weather permitting; the brave may want to take a dip in the icy Arctic Ocean (strictly optional of course). We then head due west, cruising along the Varanger peninsula to Batsfjord and Berlevag, home to Norway's most famous male choir, made up of local fishermen.

Accommodation: MS Nordlys or similar (5 nights)

DAY 6 / MONDAY / JUNE 6, 2022

MEHAMN TO TROMSO, UNMATCHED ARCTIC SCENERY (B, L, D)

Around midnight, we dock at Mehamn then on to Honningsvåg, where you can join, if you wish, a breakfast at the North Cape (optional excursion). The ship continues to Hammerfest, where you can see the UNESCO LISTED Meridian Column. If you wish you can join a mini-mountain expedition and learn about the local polar hero Adolf Lindstrom (optional excursion). We continue south to Oksfjord with a brief stop at the old trading post of Skjervoy.

We then dock at Tromso, just in time to enjoy a midnight concert at the Arctic Cathedral or Tromso under the midnight sun by boat (optional excursion).



Fjord view, PHOTO:
Visitnorway.com

DAY 7 / TUESDAY / JUNE 7, 2022
TROMSO TO STAMSUND LOFOTEN, WHERE NATURE
AMAZES (B, L, D)

This morning, we arrive at the port of Harstad. We have a tour (included excursion) that starts with a short sightseeing jaunt through the streets of Harstad before continuing on to the Trondenes peninsula. Here we visit a white medieval church, one of North Norway's premier cultural heritage sites from the Middle Ages. You are truly on historic ground. At the Trondenes Historical Centre, we visit an exciting exhibition complete with sounds, smells and original objects from the region throughout history from the Viking and Middle Ages through to the current time. The bus then takes us across Hinnoya Island, where we view beautiful fjords, steep mountains and large fertile agricultural fields. Then we cross the Gullefjord by ferry, and enjoy a hot drink and some freshly baked cakes. The tour continues along the Sigerfjord to Sortland, where we rejoin our ship in time for lunch. This excursion is a beautiful experience during all season.

Lofoten and Trollfjord: Get ready for some amazing scenery as we sail through the world-famous islands of Lofoten and Vesteralen. Lofoten is known for its natural beauty, steep mountains, wild nature and picturesque fishing villages. Our daylight sailing route through this region is a voyage highlight for many. After a short stop at the tiny village of Risoyhamn, we continue to Stokemarknes – where Hurtigruten began more than 125 years ago. You can visit the Hurtigruten Museum here. We continue south. It will look like you are headed into a mountain wall but do not worry as we are in fact sailing through a passage into the narrow Raftsund, flanked by peaks rising 1,000 meters out of the sea.

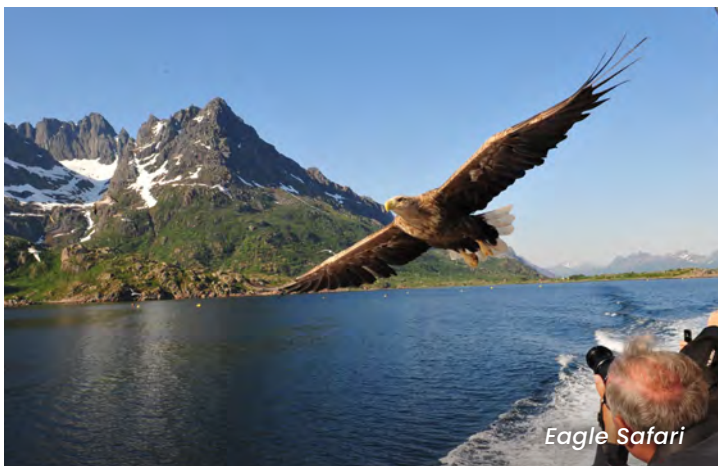
We then arrive at Trollfjord. If conditions allow, we will sail between sheer cliffs that seem close enough to reach out and touch. It's an unforgettable experience!

Next, we arrive in Svolvaer where we have a tour of the Lofoten Islands (included excursion). On this guided tour from Svolvaer to Stamsund you see sheltered bays, white-sand beaches, vast green meadows and farmland. The scenery,

the special light and the fishing found here have attracted artists from Norway and abroad for centuries. In Henningsvaer, we view the multimedia show depicting the archipelago's unique beauty and wild nature through four seasons. From Henningsvaer we travel by buacross more of Lofoten's enchanting coastline and terrain to Stamsund, where the ship awaits.



Lofoten Sunset



Eagle Safari



The Seven Sisters

DAY 8 / WEDNESDAY / JUNE 8, 2022
BODO-RORVIK, A DATE WITH THE SEVEN SISTERS
(B, L, D)

Today we cross the Arctic Circle, an important “rite of passage”. As celebration on deck enjoy a taste of Arctic tradition – a spoonful of cod liver oil. We sail along the Helgeland coast, where you see the strange mountain, Torghatten, famous for the distinctive hole through its centre. The hole is 160 meters long, 35 meters high and 20 meters wide and was formed during the ice age.. Another highlight is sailing past the Seven Sisters mountain range. It is easy to see how the peaks influenced ancient legend. The story goes that seven beautiful troll sisters were caught out at sunrise and turned to stone, thus creating the seven beautiful mountaintops. Next we briefly stop at the idyllic trading post of Nesna before moving on to the Sandnessjoen. From here, you can join a tour to the UNESCO World Heritage Site, the Vega Islands (optional excursion). The UNESCO status is due to the unique centuries-old interaction between the islanders and eider ducks. Learn how the locals sustain a livelihood of making down-filled duvets. On to Bronnoysund, where you can join a tour to the Norwegian Aquaculture Centre for an informative tour and taste of fresh salmon (optional excursion). The Midnight Sun may not shine, but you experience seemingly endless daylight during the summer.

DAY 9 / THURSDAY / JUNE 9, 2022
TRONDHEIM TO ALESUND, GOTHIC MAJESTY AND HIDDEN LAKES (B, L, D)

Today we have a chance to explore the wooden city of history – Trondheim. Our customized city tour (included



excursion) will take you on a brief visit of Trondheim including Norway’s largest Cathedral, Nidaros Cathedral, and also the Ringve Museum featuring musical instruments from other eras. Entrance fees for the museum and cathedral are included.

We continue to sail along the coast, and you will quickly realize the importance of fishing to Norway’s coastal communities. Kristiansund is regarded as Norway’s “dried cod capital” because of its long-time export of salted dry fish. If you wish, you can join a tour along the Atlantic Road (optional excursion), a National Scenic Route of 8 km of highway spanning eight bridges and crossing picturesque landscapes. Another interesting tour is to the Bergtatt marble mine (optional excursion), which takes you inside a mountain and across an illuminated subterranean lake before serving you a meal in the mine’s “Grand Half”.

For those of us remaining on board at Kristiansund, you will experience the ship’s open sea crossing towards Molde – Norway’s “City of Roses”. From there we can see the distant pointed peaks of the Romsdal Alps across the fjord, called the Molde Panor. From there we can see the distant pointed peaks of the Romsdal Alps across the fjord, called the Molde Panorama.



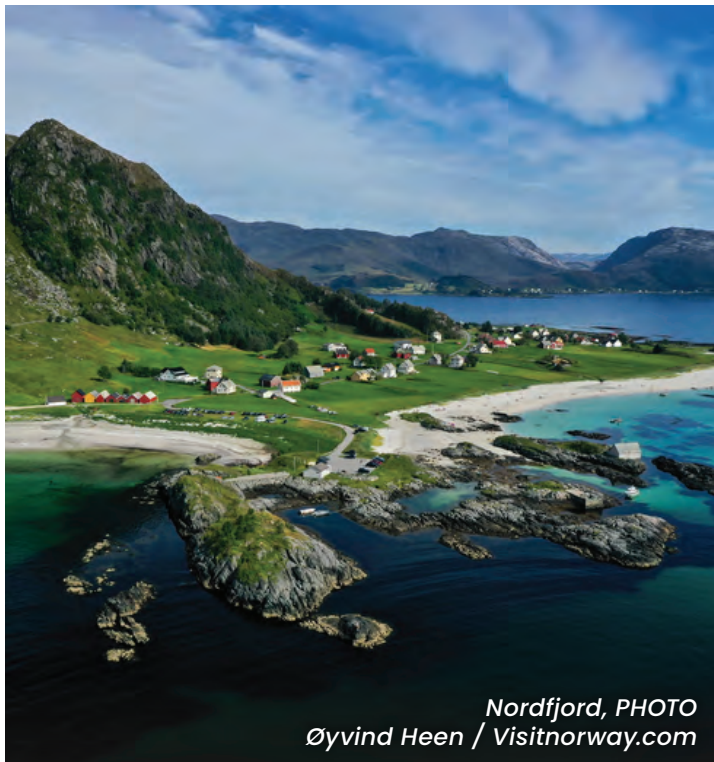
DAY 10 / FRIDAY / JUNE 10, 2022

ALESUND TO BERGEN, DISEMBARKATION (B, D)

During the night, the ship calls at Alesund, Torvik and Maloy, as our voyage slowly is drawing to a close. Before docking in Bergen, there is some fascinating scenery to see as the ship passes by them, including the Nordfjord beneath Jostedal Glacier. Here the fjord widens to the east and forges 90 km inland. A few nautical miles south of Floro, we cross the mouth of the mighty Sognefjord, taking in superb views of the magnificent island-stuffed coastline enroute. Finally after lunch we disembark the ship early afternoon in the hanseatic city of Bergen

We transfer by coach from the pier to our hotel. Our walking tour will start from our centrally located hotel. Admire the venerable King Haakon's Hall, the Rosenkranz Tower and Bryggen – a row of hanseatic timbered houses with characteristic pointed gables facing the harbour. Included in our tour is roundtrip with Floibanen Funicular. The tour ends at our hotel. Dinner included tonight at your hotel.

Accommodation: Radisson Blue Royal or similar (3 nights)



DAY 11 / SATURDAY / JUNE 11, 2022

BERGEN RAILWAY TO FLAM RAIL AND FJORD CRUISE (B, L)

Following breakfast we have a full day tour with coach, train and cruise.

We start with our journey on the comfortable express boat from Bergen to Flam. We travel up the Sognefjord, Norway's longest and deepest fjord, extending more than 200 km

inland to the foot of the Jotunheimen Mountains. This area is said to be one of the most beautiful travel destinations in the world. You start your tour from Bergen by traveling on the comfortable express boat from Bergen to Flåm. The fjord cruise takes about 5 hours and the boat stops in several quaint villages along the route. This gives you a great opportunity to see "the King of fjords" up close! Then we ride the amazing Flåm Railway which takes you from high mountains in Myrdal station, through the Flåm valley and down to the very bottom of the Aurlandsfjord and Flåm station. The railway construction commenced in 1924 and the railway finally opened in 1940. The Flåm Railway is one of the world's steepest train rides built on normal tracks, and close to 80% of its tracks run through a rise of 55%.



The tunnel which spirals in and out of the mountain is an impressive work of engineering. The 20 km long train ride takes you from the high mountains and down to the fjord. The scenic mountains are wild and beautiful, displaying snow covered mountain tops, lush nature, impressive waterfalls and farms high up in the mountains.

The Flåm Railway was recognized as one of the world's 25 most beautiful train rides by The Society of International Railway. The National Geographic Traveller Magazine mentioned the Flåm Railway on their list of top ten train rides in Europe and the Lonely Planet Traveller recognized the railway as "the world's best train ride".

The Flam Railway will arrive in Myrdal, where you change trains to the Bergen Railway and return to Bergen.

Boxed lunch is included today onboard.



Nordfjord waterfall, PHOTO:
Visitnorway.com

DAY 12 / SUNDAY / JUNE 12, 2022

DAY AT LEISURE, FAREWELL DINNER (B, D)

Relax, sleep in, and enjoy a free day in Bergen. Our farewell dinner function takes us by boat just outside the City of Bergen, where we will find one of the most exotic attractions in the whole of Western Norway's archipelago. "Cornelius" is one of Norway's best seafood restaurants. It is situated right by the sea on a small island with spectacular views of the fjord, mountains, skerries, and passing boats and ships. Inspired by the weather of the day, Cornelius serves its famous Meteorological Menu of exquisite seafood and trimmings, prepared using innovative culinary techniques and with a genuine passion for seafood.

A fitting location for our farewell to Norway.

DAY 13 / MONDAY / JUNE 13, 2022

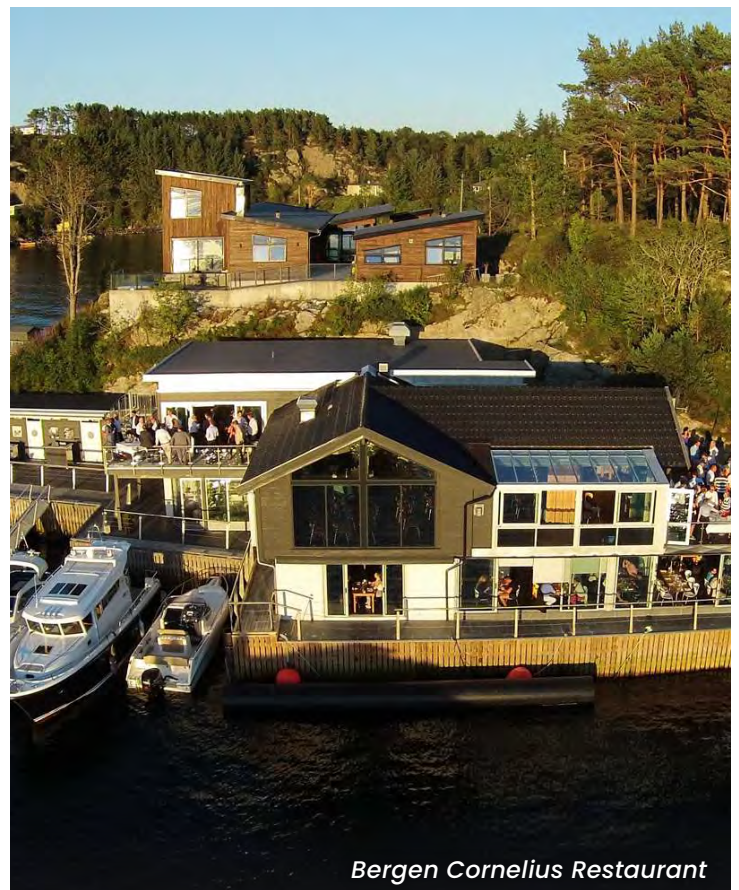
BERGEN - TORONTO (B)

Enjoy your final breakfast at your hotel before we rejoin our coach for our transfer to the airport in Bergen for our return flight to Toronto. Return transportation included from Pearson International Airport back to your home.

Transportation: Iceland Air

***** END OF ITINERARY *****

(B) breakfast / (L) lunch / (D) dinner



Bergen Cornelius Restaurant

TOUR MAP



SHIP PHOTOS

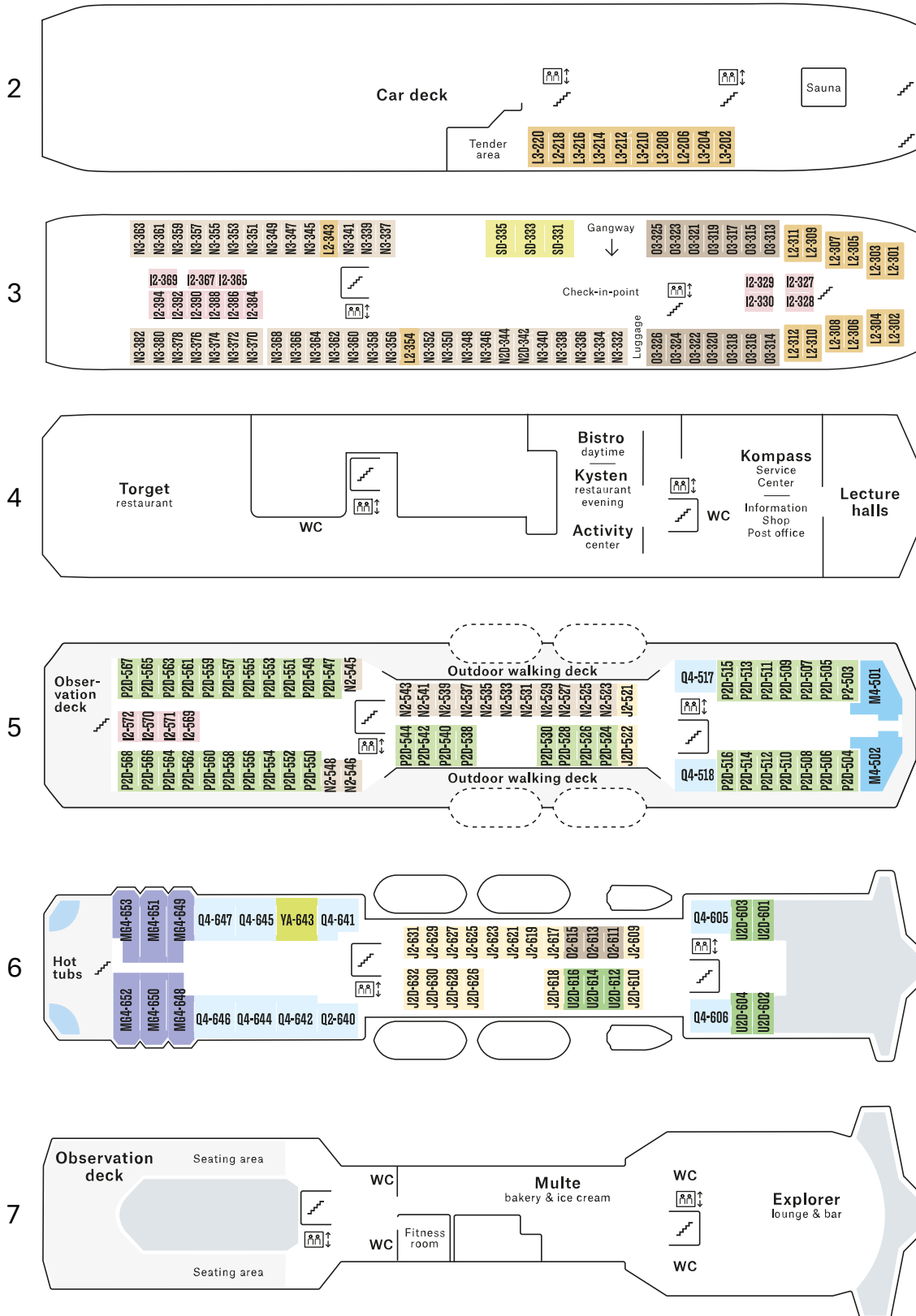


MS Nordlys ship photo



Cruise sailing on the Nordfjord, PHOTO: Katrin Moe / Visitnorway.com

DECK PLAN



SHIP INFO

MS NORDLYS

Both the name and the interior design of MS Nordlys are inspired by the spectacular northern lights (Aurora Borealis).

- Year built: 1994
- Refurbished: 2019
- Passenger capacity: 590
- Gross tonnage: 11,204
- Length: 121.8 m/ 400 ft

REFURBISHMENT IN 2019

The brand-new Activity Center will act as the on-board headquarter for Hurtigruten's Expedition Team.

Kysten Fine Dining – serving innovative dishes based on high quality, local produce such as ultra-fresh seafood – is slightly different from other Hurtigruten ships, and also be open for a la carte lunch.

The gym on deck 7 is bigger, the sauna upgraded and two aft-facing outdoor hot tubs are added.

Two new lecture halls have been added on deck 4, together with the open Kompass information and shopping area, where guests can enjoy exclusive offers on outdoor clothing and other items.

On deck 7, the informal and hugely popular Hurtigruten venue Multe Bakery is now open- serving freshly baked cakes and pastries, smørbrød (open sandwiches with generous amounts of topping), smoothies, a large assortment of local ice cream with homemade toppings, premium coffee, organic herbal tea, and premium juice.

The forward-facing Explorer Lounge and Panorama Bar offers a unique atmosphere and the best views on the ship – with front-row seats for enjoying the Northern Lights, Midnight Sun, wildlife and nature as it passes by.



EXPEDITION TEAM ON BOARD

MS Nordlys has her own onboard Expedition Team that serves as a university at sea. Interesting lectures, presentations and activities inside as well as out on the ship's sun deck make this an exciting and educational journey. Topics depend on the season and the waters we sail in. The Expedition Team will host a lecture and presentation program and evening gatherings daily.

SPECIAL FEATURES:

- Expedition Team
- Outdoor explorer deck
- Large panorama and observation lounges with great views
- Bar
- Shop
- Restaurant
- Separate à la carte option restaurant
- Fitness room and sauna
- Wi-Fi
- Elevator
- Conference room
- Car deck



PRICING & TERMS

PACKAGE PRICE:

CABIN CATEGORY		TWIN OCCUPANCY	SINGLE OCCUPANCY
CATEGORY I2	POLAR INSIDE	CAD \$7,950 PER PERSON	CAD \$9,970 PER PERSON
CATEGORY L2	POLAR OUTSIDE	CAD \$8,260 PER PERSON	CAD \$10,470 PER PERSON
CATEGORY N2	POLAR OUTSIDE	CAD \$8,540 PER PERSON	CAD \$10,940 PER PERSON
CATEGORY P2D	ARCTIC SUPERIOR	CAD \$8,840 PER PERSON	CAD \$11,450 PER PERSON

NOTE:

- single occupancy is limited and is subject to confirmation
- other cabin category available subject to availability
- category P have one large bed only, cannot separate into two beds

INCLUSIONS:

- Roundtrip flights from Toronto to Oslo and Bergen to Toronto
- Local flight from Oslo to Kirkenes
- Roundtrip home to Toronto Airport and return limousine transfers (within GTA area)
- 5 nights accommodation onboard MS Nordlys or similar
- All meals onboard the ship with non-alcoholic beverages:
- Breakfast: buffet with coffee/tea/juice/water included
- Lunch: choice of main with starter and desserts buffet, coffee/tea/water
- Dinner: three-course set menu or buffet with water included
- 3 included shore excursions as per itinerary
- Land tours and transfers included as per itinerary
- 2 nights Oslo, 1 night Kirkenes, and 3 nights Bergen with accommodation and meals as per itinerary
- Porterage at hotels wherever available (1 piece of luggage per person)
- All gratuities for local guides and drivers for included shore excursions and land tours/transfers
- Wi-Fi onboard the ship

EXCLUSIONS:

- Optional shore excursions at additional cost
- Meals not included in the itinerary
- beverages not mentioned as included, wine/beverage package available onboard for pre-purchase.
- Optional travel insurance
- Air taxes and fuel surcharges. Currently \$390 per person, subject to change until time of final payment

AIR CREDIT:

If you wish to arrange your own air from Toronto to Oslo and Bergen to Toronto, an air credit of CAD\$550 per person will be deductro tour cost. And above mentioned airport taxes and fuel surcharges will not be applicable.

Please contact us for air deviation, premium economy or business class upgrade surcharges.

DEPOSIT DUE AT TIME OF BOOKING:

CDN\$1,000 per person for twin occupancy

CDN\$1,500 per person for single occupancy

FINAL PAYMENT: remaining balance due Jan 21, 2022

CANCELLATION TERMS:

(*NOTE: initial deposit is FULLY REFUNDABLE until Travel Advisory by Government of Canada for Norway lowers to Level 2. From that point forward, the following cancellation penalty will apply.)

Between time of booking & Jan 20, 2022:	100% of deposits paid
Between Jan 21 & Feb 24, 2022:	30% of total package price
Between Feb 25 & Mar 31, 2022:	60% of total package price
Between Apr 01 & Apr 30, 2022:	90% of total package price
Between May 01, 2022 & date of departure:	100% of total package price



TOUR DESIGN

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To book this program, please complete the Booking Form and email, mail or fax to Tour Design.